The New York Times bestselling author and Philly native Jennifer Weiner is coming back to the J! Come meet Weiner on Monday, Oct. 30, as she will talk about the second installment of her young adult series, “Little Bigfoot, Big City.” An animated film is even in the works based on the series.

Weiner visited the JCC in 2016 to share the first book of the series and has appeared at the Bank of America Festival of Arts, Books and Culture. She has written numerous novels, with over 11 million copies in print in over 36 countries, and perhaps is best known for her debut novel “Good in Bed,” “In Her Shoes” and “Goodnight Nobody.”

In “Little Bigfoot, Big City,” 12-year-old Alice Mayfair has a secret. She’s not human. But who—or what—is she? While Alice goes in search of her past, her best friend Millie Maximus, a tiny Bigfoot with a big voice, prepares for her future. Together they plan to sneak off to New York City, where Millie hopes to audition for “The Next Stage,” the TV show she’s sure will rocket her to stardom and free her from the suffocating expectations of her tribe.

Weiner will speak at 7 p.m., and admission includes a copy of the book. You can even have your book signed after the program!

JCC members are $15/person and guests are $20/person—kids ages 8-14 can bring a parent with them for free!

To purchase tickets, please visit katzjcc.org or visit the JCC Adult Department.

YOGA FOR A REASON

Breast cancer special event Oct. 26

The community is invited to attend the Katz JCC’s “Living Beyond Breast Cancer—Reach & Raise: Yoga for a Reason” that will be hosted on Thursday, Oct. 26 from 5:30-8:30 p.m. This special event, which takes place during National Breast Cancer Awareness Month, is open to the entire community of all levels of yoga experience.

This inspirational yoga class is taught by master instructor Erica Taxin Bleznak of Main Line Yoga Shala. Attendees should come prepared to move their bodies and be moved by stories of inspiration, strength and courage. A Happy Hour opens this special event from 5:30-6:30 p.m., where light refreshments and snacks will be served. From 6:30-6:45, there will be the Planks for Pink Plank Challenge, and if attendees can collect pledges for $5/minute for up to five minutes, their event registration fee will be waived (minimum of $25).

Proceeds from the event benefit Living Beyond Breast Cancer, a national non-profit whose purpose is to connect people with trusted breast cancer information and a community of support, and the Katz JCC Health & Wellness. Pre-registration is open now through Oct. 19 for $20/JCC members and $25/guests, and after Oct. 19, $30/JCC members and $35/guests.

There is limited space available, so register today!

To register for this event, please visit www.katzjcc.org/fitness-events or at the Health & Wellness Desk.

New this October, in honor of National Breast Cancer Awareness Month, the Katz JCC is also hosting a Yoga Small Group Training for Breast Cancer Recovery & Survivorship. This six-week therapeutic yoga class is for women recovering from breast cancer and will help to strengthen the immune system, increase range of motion and improve sleep energy levels and mood. The class takes place on Sunday mornings beginning Oct. 15 through Nov. 26.

For more information, please contact Jayne Miller Morgan at (856) 424-4444, ext. 1140 or jmorgan@jfedsnj.org

BABY AND TODDLER EXPO

Katz JCC Baby and Toddler Expo

Sunday, October 15

Free & Open to the Community

Parent & child fitness demos • Pre & post pregnancy seminars
Hands-on activities for kids • Vendors

katzjcc.org/BTexpo